DRESSING W/ DRAIN

indication supplies assessment procedure document

Pre-skill ☑: [1]Note specific MD orders. [2]Allergies are known.[3]Supplies & checks.[4]New PPE if needed. [5]Room: NOD, **HH**, 2 p/t IDs, allergies, privacy. [6]**Re-asses p/t pain.** [7]P/t understanding & consent [8]Bed @ working height.

INDICATIONS

- Surgical sites w/ a drain

SUPPLIES

- Dressing tray
- Sterile gloves (your size)
- Clean gloves
- Pre-cut tape
- Sterile scissors (if no T-sponges avail)
- Prescribed cleansing solution
- Extra sterile 2x2 gauze sponges
- Sterile 4x4 T-Sponges
- Sterile 4x4 Gauze pads
- Mefix
- Extra disposable bed pad
- Sharpie (for dating)

If applicable

- Prescribed ointment
- Irrigation tray or sterile flush

ASSESSMENTS

Prior to entering room

- Review order & correct p/t
- **Review agency policy**
- PAIN **MIN 30M BEFORE**
- Supply checks x3
- Med checks x3 on solutions & ointments
- **Pre-skill checklist complete**

In room

- **PAIN AGAIN**
- Allergies
- P/t understanding
- Old dressing: date, TACO, # of sponges
- Wound: REEDA, sutures, Sx of Inf, dehis, or evis, drain securement
- **Post-skill checklist complete**

DOCUMENT

D:P/t pain lvl b/f start. Old dressing(TACO, date, time, dressing type, # of sponges). Any packing removed. Wound(REEDA, Sx inf/dehis/evis). State of drain attachment.
A:Pain(meds given b/f procedure & reassessment). Adt skills(irrigate, packing, ointments) New dressing(dressing type, # & size of pads/sponges, securement)
R:How p/t reacted, anything they said
P:Teaching provided, questions answered, follow-up instructions given, reassessments to be done & when

Post-skill ☑: [1]P/t comfort. [2]**Bed to ground & call bell** [3]Supplies in garbage & sharps. [4]Gloves off & HH. [5]**Reassess pain.** [6]P/t teaching & answer questions. [7]Leave & **HH**. [8]Document.

PROCEDURE

1. Make sure there is somewhere you can put garbage
2. Clear & clean the area for your sterile field, plan your space
3. **Reposition:** if possible. **account for the flow of gravity while cleaning*
4. Disposable bed pad. Expose only wound site.
   a. P/t comfort: **they will have to stay in this position so be sure they can maintain it**
5. **HH**, **clean gloves**, check w/ p/t before starting. **Open communication**
6. **Remove old dressing**: Being very cautious of the drain, stabilize surrounding skin & loosen edges. Gently pull *towards* the drain all the way around. Try to keep the dressing as flat as possible.
   a. Remove layers of dressing one at a time. Count how many T-sponges used.
   b. ***Elder alert:** prevent skin tears, be slow, & don't try removing anything stuck w/out moistening it*
7. **Old dressing assessments.** discard, clean gloves off, & **HH**
8. **Sterile field**: open tray(s). Drape. Open sponges/gauze. Sterile solution for soaking gauze. Use same # of T-sponges.
   a. **Irrigation***:* separate area for irrigation solution or open flush
9. **HH** & **sterile gloves** **Cut a line down 4x4 gauze w/ sterile scissors if you don't have T-Sponges*
10. **Irrigation***: *If ordered: irrigate w/ prescribed solution & be aware of gravity*
11. **Clean incisions**: Toward the drain in 1 swipe w/ soaked gauze or swab, discard & repeat.
    a. **Order**: Middle, outside, outside. Surgical site = cleaner than peri-area
12. **Clean drain site**: Around drain site clean in a circular motion w/ saturated gauze then discard. Repeat till clean & begin working out in circular swipes.
13. Clean till ill free from all greeblies. **Min 1" beyond where the new dressing will end**.
    a. Pat dry w/ sterile 4x4 gauze pads or air dry
14. **Clean drain*:*** From insertion site up the tube at least 5cm that will be covered by the dressing w/ saturated gauze then discard. Repeat till drain clean 360°
15. **Wound & securement assessments:** Report Sx of inf, dehiscence, or evisceration to HCP *immediately*
16. **If applicable***: [1]Collect sample. [2]Apply prescribed ointments. [3]Skin barrier. [4]Pack*
17. **New dressing**: 1st T-sponge around drain site *careful not to break sterility by touching a dirty part of the drain.
    a. 2nd T-sponge in opposite direction around the drain.
    b. As much sterile 4x4 gauze needed to absrb expected drainage
    c. Secure w/ Mefix. **Min 1" around sponges**. Drain should not be bent
18. **On a piece of tape write initial, date & time. Now stick it on.**
19. **Post-skill checklist**

TIP: When using forceps & soaked gauze remember to hold your hands like a T-rex

SV NC