|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| *NURSING DIAGNOSIS*Problem, etiology, & symptoms | *PLANNING*Goals that are realistic & centred around the patient | *NURSING IMPLEMENTATION*What actually was done | *RATIONALE*Why did you chose to do that? Why should it work? | *EVALUATION*How will you know that you actually achieved your goals? |
| \*Insert NANDA Diagnosis here\* related to \*Insert why you think this became (or will become) a problem\* as evidenced by \*Insert a sign or symptom of the problem\* and \*Insert something the patient said that made you choose this NANDA diagnosis (if patient specific plan)\* | * \* Insert Goal #1\*

\*Goals are SMART\** *Specific* - what exact task or problem do you want to fix?
* *Measurable -* what will the end result to be? What will they be able to do?
* *Achievable* - can this actually be done? Is it possible?
* *Relevant* - will it prevent or treat the NANDA diagnosis you chose?
* *Timed* - when should this be done by? A few hours? Days? Weeks?
 | * \* Intervention 1 - what you did/will do to achieve Goal #1\*
* \* Intervention 2 - what you did/will do to achieve Goal #1\*
* \* Intervention 3 - what you did/will do to achieve Goal #1\*
 | * \* Why did you choose Intervention 1?\*
* \* Why did you choose Intervention 2?\*
* \* Why did you choose Intervention 3?\*

\*Evidenced Based Nursing\* *ALWAYS* support your rationale!  | 1. \* Reason why Goal #1 has been achieved. What has/will the patient do or say that makes you confident that Goal #1 has been accomplished?\*
 |

\*\*\*\* INSERTING MULTIPLE NURSING DIAGNOSIS CHECKLIST - please follow these steps:

1. Select the space directly in front of the first star on this checklist → press enter, this will move the checklist down
2. Select the space that has now been opened up by moving this checklist
3. Insert → Break -→ Page Break
4. Select the entire template on page 1
5. Copy into first line of your newly created page - complete care plan
6. Repeat steps until appropriate number of nursing diagnosis are achieved

\*\*\*\* SINGLE NURSING DIAGNOSIS - delete this section, insert your references on page 2, & proceed with pre-submission checklist

References

\*Insert your references here\*

\*\*\*\*PRE-SUBMISSION CHECKLIST:

1. Did you fill in all the underlined sections with your answers? \*INCLUDING THE PAGE TITLE AT THE TOP OF THE SHEET & NAME IN HEADER\*
2. If not already done, remove any undelines. \*The only thing that should still be underlined are the column titles in the coloured boxes\*
3. Ensure all text is **black** - quick change: CTRL + A → text colour → black
4. Make your nursing diagnosis one sentence. Remove the spaces between the lines & put it all together
5. If not already done - remove all template notes from columns. Planning & rationale columns should only have your answers & in-text citations if references are required.
6. Insert your references in alphabetical order on the designated page. Template should already provide proper font, size, spacing & indentation, but if these don't work follow these steps for formatting:
	1. All references are in alphabetical order
	2. All text is black
	3. All text is either Times New Roman or Arial
	4. Font size 12
	5. Select all references → Format tab in toolbar → Align & indent → Indent options → Special indent → Hanging
7. Delete this checklist & page 1 checklist for adding multiple nursing diagnosis to the same care plan.
8. Save & submit